

Program of **City of Boston Office of Human Services,**
Boston Public Health Commission and
The Greenway Conservancy
in collaboration with
Friends of Armenian Heritage Park on The Greenway

MIDDAY LABYRINTH WALKS AT THE PARK

Tuesdays at 12:15pm
until October 24, 2023

For connection and well-being.
Katrina Piehler, health and wellness coach,
leads a midday guided mindfulness break and
walking meditation on the Labyrinth together.

You may walk the labyrinth anytime.

Armenian Heritage Park
on The Greenway, Boston

