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Hello, winter solstice: Here's where to make merry on the longest night of the year

By Diane Bair and Pamela Wright Globe Correspondent



In the heart of the city (at the Armenian Heritage Park on the Rose Kennedy Greenway), walk a luminarialined labyrinth and enjoy cocoa and cookies on Dec. 8th. MATT CONTI

Whether you think of it as the shortest day of the year, or the longest night of the year, or the beginning of lengthening days to come (you optimist, you), there's no denying it: The winter solstice is coming...For some, it's a time for reflection and renewal — a welcome break from the bustle of the season.

Candlelit Labyrinth Walk: Armenian Heritage Park, Boston, Dec. 8:

Armenian Heritage Park on the Rose Kennedy Greenway (between Faneuil Hall and Christopher Columbus Park) is the setting for this annual solstice event, now in its fourth year. Surrounded by the sparkle of the city after dark, participants walk the luminaria-lined labyrinth and are invited to tie a ribbon with a personal wish on the park's wishing tree. Awww! Hot chocolate and cookies will be available. Free. Sunday, Dec. 8, 4:30-5:30 p.m. www.ArmenianHeritagePark.org