

**ONLY IN YOUR STATE** December 16, 2020

## **Walk A Calming Outdoor Labyrinth At The Armenian Heritage Park In Massachusetts**

Boston is filled with fantastic urban green spaces to explore, but this little park is something special.

The Armenian Heritage Park features a gorgeous labyrinth that's truly one-of-a-kind. Walking this labyrinth is a great way to unwind and admire the beauty of the city. Here's what you need to know.

Tucked away on the Rose Kennedy Greenway in Boston is a fascinating public park that features one of the most unique walking paths in the state.



[Armenian Heritage Park](#)

The Armenian Heritage Park is home to a large labyrinth. This circular path is meant to honor the journey of life and the contributions of all immigrants to American life and culture.



[Facebook/Armenian Heritage Park on the Greenway](#)

Worried about taking a wrong turn? Don't be! Labyrinths are actually the opposite of mazes. A maze is meant to confuse travelers with dead-ends and branching paths, whereas labyrinths are meant to promote focus and calm. There's only one path to follow!





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Another unique part of this park is its eye-catching geometric sculpture. Each year in early spring, a crane comes and rearranges the pieces of the steel and aluminum sculpture, creating a new shape.



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The transformation of the sculpture symbolizes the way in which immigrants reshape their lives after arriving in a new country. The statue is also dedicated to the victims of the Armenian Genocide of 1915 to 1923, and victims of genocide everywhere.





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If you've never walked a labyrinth like this one, you may be surprised at how soothing the experience is. It's the perfect way to calm your thoughts, meditate, or just get a little bit of exercise.



[Facebook/Armenian Heritage Park on the Greenway](#)

The park is open in all seasons and there is no admission charge. Stop by soon to try this beautiful labyrinth out for yourself!





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You can find out more about visiting the Armenian Heritage Park labyrinth by visiting the park's [website](#).

**Address:** Rose Fitzgerald Kennedy Greenway, Boston, MA 02109, USA