## **ONLY IN YOUR STATE** December 16, 2020

## Walk A Calming Outdoor Labyrinth At The Armenian Heritage Park In Massachusetts

Boston is filled with fantastic urban green spaces to explore, but this little park is something special.

The Armenian Heritage Park features a gorgeous labyrinth that's truly one-of-a-kind. Walking this labyrinth is a great way to unwind and admire the beauty of the city. Here's what you need to know.

Tucked away on the Rose Kennedy Greenway in Boston is a fascinating public park that features one of the most unique walking paths in the state.

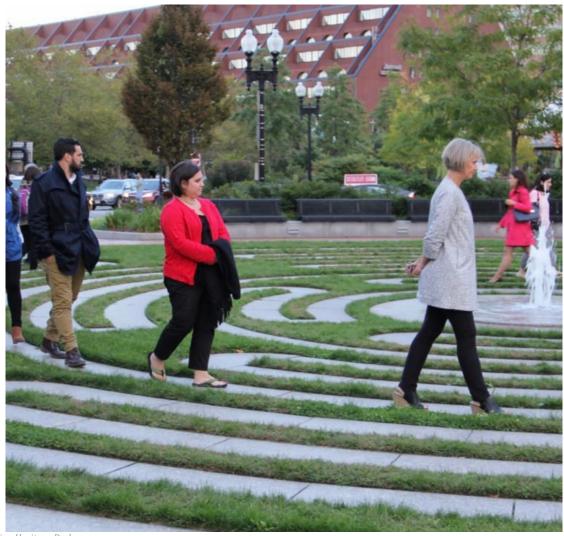


Armenian Heritage Park

The Armenian Heritage Park is home to a large labyrinth. This circular path is meant to honor the journey of life and the contributions of all immigrants to American life and culture.



Worried about taking a wrong turn? Don't be! Labyrinths are actually the opposite of mazes. A maze is meant to confuse travelers with dead-ends and branching paths, whereas labyrinths are meant to promote focus and calm. There's only one path to follow!



Armenian Heritage Park

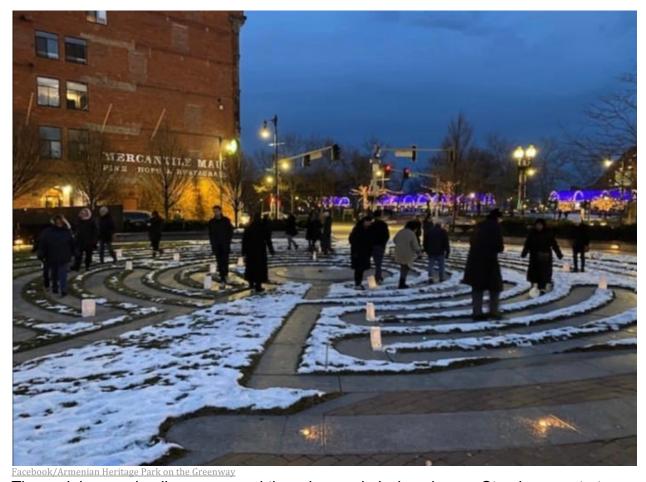
Another unique part of this park is its eye-catching geometric sculpture. Each year in early spring, a crane comes and rearranges the pieces of the steel and aluminum sculpture, creating a new shape.



The transformation of the sculpture symbolizes the way in which immigrants reshape their lives after arriving in a new country. The statue is also dedicated to the victims of the Armenian Genocide of 1915 to 1923, and victims of genocide everywhere.



Armenian Heritage Park
If you've never walked a labyrinth like this one, you may be surprised at how soothing the experience is. It's the perfect way to calm your thoughts, meditate, or just get a little bit of exercise.



Facebook/Armenian Heritage Park on the Greenway

The park is open in all seasons and there is no admission charge. Stop by soon to try this beautiful labyrinth out for yourself!



Armenian Heritage Park
You can find out more about visiting the Armenian Heritage Park labyrinth by visiting the park's website.

**Address:** Rose Fitzgerald Kennedy Greenway, Boston, MA 02109, USA